

# 开始您的恢复工作的过程

1

给您受损的住房和财物拍照。

2

拟定一份受损或损失项目的清单。

3

给您自己节省时间。如果您有保险，您必须向您的保险公司提出索赔。

如果您没有保险，跳到第4步。

4

3 种申请的方法

- 在线到 [DisasterAssistance.gov](https://DisasterAssistance.gov)
- 通过FEMA的应用程序
- 打电话: (800) 621-3362  
语音文字转换电话: (800) 462-7585

您需要提供给联邦应急管理署 (FEMA) 的文件

身份证明

保险裁决函

居住或所有权证明

## 特别说明

FEMA不能为保险承保的损失提供援助。



FEMA

# START YOUR RECOVERY PROCESS

**1**

Take photos of your damaged home and belongings.

**2**

Make a list of damaged or lost items.

**3**

Save yourself time. If you have insurance, you must file a claim with your insurance company.

If you do not have insurance, skip to step 4.

**4**

3 Ways To Apply

- Online [DisasterAssistance.gov](https://www.disasterassistance.gov)
- Through the FEMA app
- Call: (800) 621-3362  
TTY: (800) 462-7585

## Documents You Need To Provide to FEMA

- Proof of identification
- Insurance determination letter
- Proof of occupancy or ownership

### Special Note

FEMA cannot provide assistance for losses that are covered by insurance.



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