

October 2024

Town of Wappinger Senior Center



We are rooted here

A Look Into October

We are officially in autumn! As we await the spooky month of October, amazing and new events are happening at our center. "A Matter of Balance" continues every Tuesday at noon. The WSA Bus trip is on 10/2. Lunch and a movie is on 10/3, we're viewing "It Happened One Night." The Art Show is on 10/4.

We will have vaccine clinics on 10/7, 10/21, and 10/28, brought to us by the Medicine Shoppe.

Our monthly craft is on 10/10, we're making hydro-dipped pumpkins!

The monthly birthday party for our October babies is on 10/17. Book club is on 10/25, we're reading "Lessons in Chemistry." The Halloween Party is on 10/31! Make sure to wear your best costumes! We will be closed on 10/14.

10/21 is National Pumpkin Cheesecake Day.





About The Senior Center

(845) 297-3670



www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce , book club, bridge club, chair volleyball, chair yoga, chess, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjonn, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



Welcome New Members!

Katherine Pelaccio Kyrruzis, Mary Moran,
Lynne Ponder, Renee Smith-Brodie,
Betsy Valentin, and Carol Vanvlack



OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 A Matter of Balance Class 12:00 Mexican Trains 2:00 Rummikub	2 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg WSA Bus Trip	3 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 11:30 Lunch & Movie: "It Happened One Night" 2:00 Rummikub 2:00 Chair volleyball	4 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo "Art Through Diverse Perspectives" Art Show 6pm
7 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 11:30-1 Vaccines	8 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 A Matter of Balance Class 12:00 Mexican Trains 2:00 Rummikub	9 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	10 9:00 Exercise 10:00 Chair Yoga 12:00 Craft: Hydro-Dipped Faux Pumpkins! 2:00 Rummikub 2:00 Chair volleyball	11 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo
14 *Closed*	15 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 A Matter of Balance Class 12:00 Mexican Trains 2:00 Rummikub	16 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	17 9:00 Exercise 10:00 Chair Yoga 11:30 Bday party 2:00 Rummikub 2:00 Chair volleyball	18 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo *AARP Defensive Driving 9am
21 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 11:30-1 Vaccines	22 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 A Matter of Balance Class 12:00 Mexican Trains 2:00 Rummikub	23 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	24 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 2:00 Rummikub 2:00 Chair volleyball	25 9:30 Book Club: Lessons in Chemistry 10:30 Mahjongg 10:00 Pinochle 12:30 Bingo
28 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 11:30-1 Vaccines	29 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 A Matter of Balance Class 12:00 Mexican Trains 2:00 Rummikub	30 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	31 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 11:30 Halloween Party 2:00 Rummikub 2:00 Chair volleyball	KEY: K&C Lessons = Knit & Crochet (S) = Schlathaus

NOVEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>KEY: K&C Lessons = Knit & Crochet (S) = Schlathaus</p>	<p>Second month subject to change!</p>			<p>1 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>4 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>5 *Closed*</p>	<p>6 WSA Bus Trip NO Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 A Matter of Balance Class 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>7 NO Exercise NO Chair Yoga 11:00 Mexican Trains 11:30 Lunch & Movie: “Julie & Julia” 2:00 Rummikub 2:00 Chair volleyball</p>	<p>8 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo AARP Defen- sive Driving 9am</p>
<p>11 *Closed*</p>	<p>12 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 Mexican Trains 2:00 Rummikub</p>	<p>13 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>14 9:00 Exercise 10:00 Chair Yoga 11:30 Craft- Leaf Stamped Napkins 2:00 Rummikub 2:00 Chair volleyball</p>	<p>15 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>18 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>19 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 Mexican Trains 2:00 Rummikub</p>	<p>20 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>21 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 11:30 Bday Party 2:00 Rummikub 2:00 Chair volleyball</p>	<p>22 NO Book Club 10:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>25 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>26 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 Mexican Trains 2:00 Rummikub</p>	<p>27 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>28 *Closed* Happy Thanksgiving!</p>	<p>29 *Closed*</p>

October's Birthday Babies

1 Josephine Dayger
5 Pat Emanuel
5 Carol Gruber
5 Mary Ann Vara
6 Karoline Flick
8 Mary Fenton
9 Susan Sinclair
9 Renata Competiello
15 Enga Crocco
18 Hai-Ping Fu
23 Raymond Norcross
24 John Campala
27 Peggy Fitzgerald
30 Lorraine Daley

**October Birthday
Celebration**
Oct. 17, 11:30 am

November's Birthday Babies

2 Theresa Larocco
8 Cathy DeFazio
8 Anna Demarco
9 Alice Mc Carthy
10 Estela Anderson
12 Julie Cea
18 Florence Linders
19 Grace Martin
19 Jorge Ortega
23 Amy Hahn
24 Edward Bergamini

**November Birthday
Celebration**
Nov. 21, 11:30 am

Cake! Pizza! Bingo!

 **The Pines
at Poughkeepsie**

Center for Nursing & Rehabilitation

Thank you to The
Pines at
Poughkeepsie for
sponsoring our
monthly birthday
party!



The TOW Senior Garden Club

Invites you to bring a little piece of spring into your home for the long winter...

As it announces its

Annual Fall Plant Give-Away

On Wednesday, Oct 9th beginning at 10:15am

You MUST bring a flower pot & soil in order to take plant home!!!!



Bridge Club Announcement

Do you play Bridge? The Town of Wappinger has a bridge group that meets every Tuesday from 10am-1pm at Schlathaus Park. The play is American Standard Bridge and there are no fees! Remember, playing cards keeps the brain sharp and alert. For more information call (845) 297-3670!



AARP DEFENSIVE DRIVING CLASS

**Call Mary Long to enroll:
845.297.0186**

**For any licensed driver
10/18 & 11/8
Inquire in the senior center**



Halloween Party



Oct 31
11:30-2

Please wear a costume!



**Town Hall
Main Meeting Room**



**Food, Fun, and
"Jessica's Horrible
Halloween Bingo"**

RSVP

**Kellie Ann
(845) 297-3670**

**Sponsored by Dutchess County
Comptroller Gregg Pulver**

Get to Know Your Neighbor: Mary Ann Vara

When were you born? October 5, 1950

Where were you born? Bronx, NY USA

What is your ancestry? Italian

How many siblings do/did you have? Two sisters, one older and one younger. Both deceased.

What high school/college did you attend? Theodore Roosevelt High School. No college.

Are you married? How long? Spouse name? I was married for 46 years to Anthony Vara.



Do you have any children? Grandchildren? How many? Names? I have 2 children Victoria Mylod and Anthony Vara. I have 3 grandchildren Emma Rose, Dianna Rose, and Roman Anthony.

Do you have pets and if so, what? Yes, I had 2 dogs and 1 cat. I now have none.

What was your career? Insurance Representative for 15 years. Banker for 26 years.

Were you in the military? What branch? What years? I was not in the military.

What is your favorite food? Italian and American food.

What is your favorite season? Spring and fall.

What is your favorite holiday? Easter and Christmas.

Favorite pastime/hobby? Word search, bingo, and music.

What places have you visited? Canada

Do you prefer the seashore or mountains? Both!

Movies: do you prefer comedies, drama, science fiction? Action.

Anything else you want to share? I enjoy coming to the center and making new friends. I enjoy spending time with my family.

WAPPINGER SENIORS ASSOCIATION, Inc.
BUS TRIP TO RESORTS CASINO

Wednesday, November 6, 2024



Cost Per Member: \$35/pp
Cost Per Non-Member: \$45/pp

Includes round trip bus fare and driver's tip.

Casino Package: \$25 Free Play
\$15 Food Voucher

MUST HAVE A MINIMUM OF 45 PERSONS FOR TRIP TO RUN!

Bus departs Wappinger Town Hall promptly at 9:15am
(Please arrive by 9:00am for check-in; Bus will not be held!)

Bus leaves Resort Casino no later than 3:30pm

In person Sign-up ONLY at T.O.W. Senior Center
WSA Members; Fri & Monday; 10/07/24 & 10/11/24 9:30am-12:30pm
Non-Members: Monday; 10/11/24 10:30am-12:30pm

Checks payable to: Wappinger Seniors Association, Inc.
Refunds for trip cancellation only

For info contact: Anna: 914-474-7918 or Nancy: 845-298-8470

W.S.A. BOARD OF DIRECTORS NOMINATION ELECTIONS

THE FOLLOWING BOARD POSITIONS ARE OPEN FOR THE
2024 ELECTION CYCLE:

PRESIDENT, SECRETARY, & ONE GENERAL BOARD MEMBER
WSA PROPOSED SLATE OF CANDIDATES ARE AS FOLLOWS:

PRESIDENT: ANNA ACQUANITA

SECRETARY: SUSAN DORLER

BOARD MEMBER: SUZANNE BAUR

POSITIONS CARRY 3 YR TERMS AND MINIMALLY REQUIRE ATTENDANCE/COMMUNICATION
WITH ALL OTHER BOARD MEMBERS AT MEETINGS & ACTIVE SUPPORT OF W.S.A. EVENTS.

ADDITIONAL NOMINATIONS* MAY BE SUBMITTED BY FILLING OUT A BALLOT
AND PLACING IT IN THE WSA SUGGESTION BOX.

(One ballot per WSA member, duplicate ballots will not be accepted)

BALLOTS MAY ONLY BE SUBMITTED BY CURRENT OFFICIAL WSA MEMBERS
Nomination period will run from Nov 1st thru 12:30pm on Nov 8th, 2024
GENERAL ELECTION, if necessary, TO BE HELD ON MONDAY,
DECEMBER 9th, 2024; 9:30am – 3pm

*Candidates must receive a minimum of 5 independent nominations to be considered for election.

W.S.A. MEMBER ELECTION NOMINATION BALLOT

[All positions carry 3 year terms]

PRESIDENT: _____

SECRETARY: _____

BOARD MEMBER: _____

Member Signature: _____ Date _____

[One nomination ballot per WSA member, no duplicates]

September's Monthly Craft



September's monthly craft was fall-scented soaps! We crafted deliciously smelling leaves

Handy Contacts

Wappinger Town Hall:

Assessor's Office: (845) 297-8275
Camo Pollution: (845) 463-7310
Building Department: (845) 297-6256
Dog Control Officer: (845) 297-1030
Fire Inspector: (845) 297-1373
Highway: (845) 297-9451
Justice Court: (845) 297-6070/7739
Zoning & Planning: (845) 297-6256,
Receiver of Taxes: (845) 297-4342
Recreation: (845) 297-0720
Senior Citizen Center: (845) 297-3670
Town Clerk: (845) 297-5771
Water & Sewer Billing: (845) 297-1850
Zoning Administrator: (845) 297-1373

Town Board Members:

Supervisor: Joseph D. Cavaccini: (845) 297-2744
Ward 1: William Beale: (845) 764-0729
Ward 2: Angela Bettina: (845) 831-9633
Ward 3: Chris Phillips: (845) 372-9023
Ward 4: Al Casella: (845) 803-6359



Community Programs & Services:

Alzheimer's Association: (845) 471-2655
American Cancer Society: (845) 452-2635
American Diabetes Association: 473-4520
American Heart Association: (845) 485-4703
American Lung Association: (800) 586-4872
American Red Cross: (845) 471-0200
Cancer Services of DC: (845) 452-2932 x9717
Community & Family Services: (845) 486-3701
County Community Action Partnership,
Inc.: (845) 452-5104
Dial-A-Ride: (845) 473-8424
Dutchess Outreach, Inc.: (845) 454-3792
Grinnell Library: (845) 297-3428
Hudson River Housing: (845) 454-5176
Meals On Wheels: (845) 452-2245
Mental Health America of DC, Inc.:
(845) 473-2500
Office for the Aging: (845) 486-2555
Salvation Army, Poughkeepsie: (845) 471-1210
Dutchess County SPCA: (845) 452-7722
United Way of Dutchess County:
(845) 471-1900