

# November 2024

## Town of Wappinger Senior Center



**We are rooted here**



### ***A Look Into November***

***By Kellie Ann Detheridge***

As November welcomes us, we're reminded how grateful we can be for the abundances in our lives. As Thanksgiving approaches, I'd like to give thanks to my amazing seniors and the community we've created at our center. Veterans Day is 11/11, thank you to our Veterans for your sacrifices and bravery. Reminder, we are closed, 11/5, 11/11, 11/28, and 11/29. The

WSA Bus trip to Resorts World Casino is on 11/6.

Lunch and a movie is on 11/7, we're viewing "Julie & Julia." Our monthly craft is on 11/14, we're making leaf-stamped kitchen towels. The monthly birthday party for our November babies is on 11/21. There is NO book club this month. Book club will resume 12/6. 11/1 is Dias De

Los Muertos (Day of the Dead). 11/4 is "use your common sense" day! 11/30 is Small Business Saturday! We have wonderful small businesses all throughout

**Wappinger!**



## About The Senior Center

(845) 297-3670



[www.WappingerRecreation.com](http://www.WappingerRecreation.com)

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, chair volleyball, chair yoga, chess, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjonn, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



### Welcome New Members!

June Dotolo, Donna Martucci, Lynnette Maurer, Michelle Mead, Lynn Minard, Jean Lachman, Charles Settens, Libby Settens, Marilynn Shultz, Elisa Stacchini, James J. Walsh Jr., and Terri Walsh!

# NOVEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>KEY:</b> K&amp;C Lessons = Knit &amp; Crochet (S) = Schlathaus</p>				<p>1 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>4 10:00 Pinochle 10:00 K&amp;C Lesson <b>10:30 NO Zumba</b> 12:30 Bingo</p>	<p>5 <b>*Closed*</b></p>	<p>6 <b>WSA Casino Trip</b> <b>9:00 NO Zumba</b> 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) <b>12:00 A Matter of Balance Class</b> 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>7 <b>9:00 NO Exercise</b> <b>10:00 NO Chair Yoga</b> <u>11:00 Vaccines</u> <b>11:30 Lunch &amp; Movie: "Julie &amp; Julia"</b> 2:00 Rummikub 2:00 Chair volleyball</p>	<p>8 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p> <p><b>AARP Defensive Driving 9am</b></p>
<p>11 <b>*Closed*</b> Thank you to our Veterans</p>	<p>12 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub</p>	<p>13 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>14 9:00 Exercise 10:00 Chair Yoga <b>12:00 Craft- Leaf Stamped Napkins</b> 2:00 Rummikub 2:00 Chair volleyball</p>	<p>15 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>18 10:00 Pinochle 10:00 K&amp;C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>19 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub</p>	<p>20 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>21 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains <b>11:30 Bday Party</b> 2:00 Rummikub 2:00 Chair volleyball</p>	<p>22 <b>NO Book Club</b> 10:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>25 10:00 Pinochle 10:00 K&amp;C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>26 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub</p>	<p>27 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>28 <b>*Closed*</b> <b>Happy Thanksgiving!</b></p> 	<p>29 <b>*Closed*</b></p>

# DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo	3 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	4 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	5 <b>WSA Bus Trip</b> 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains <b>11:30 Lunch &amp; Movie: "Home Alone"</b> 2:00 Rummikub 2:00 Chair volleyball	6 <b>9:00 Book Club: "Starter Villain" by John Scalzi</b> 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo
9 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo	10 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	11 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg <b>Holiday Party @ The Villa 11:30am</b>	12 9:00 Exercise 10:00 Chair Yoga <b>12:00 Craft: Copper Tree Ornaments</b> 2:00 Rummikub 2:00 Chair volleyball	13 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo  <b>AARP Defensive driving 9am</b>
16 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo	17 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	18 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	19 9:00 Exercise 10:00 Chair Yoga <b>11:30 Bday party</b> 2:00 Rummikub 2:00 Chair volleyball	20 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo
23 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo	24 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	25 <b>*Closed*</b>	26 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 2:00 Rummikub 2:00 Chair volleyball	27  10:30 Mahjongg 10:00 Pinochle 12:30 Bingo
30 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo	31 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub		Second month subject to change!	<b>KEY:</b> K&C Lessons = Knit & Crochet (S) = Schlathaus

## November's Birthday Babies

2 Theresa Larocco  
8 Cathy DeFazio  
8 Anna Demarco  
9 Alice Mc Carthy  
10 Estela Anderson  
12 Julie Cea  
18 Florence Linders  
19 Grace Martin  
19 Michelle Mead  
19 Jorge Ortega  
23 Amy Hahn  
24 Edward Bergamini

**November Birthday  
Celebration**  
**Nov. 21, 11:30 am**

## December's Birthday Babies

2 Susan Applebee  
7 Lynne Cross  
7 Joseph Delvalle  
9 Liz Sarno  
12 Donna Martucci  
16 Amy Greiner  
27 Marie Lioy  
27 Rosemary Murray  
28 Lynn Minard  
31 Alia Shah  
31 Carol VanVlack

**December Birthday  
Celebration**  
**Dec. 19, 11:30am**

# Cake! Pizza! Bingo!

 **The Pines**  
**at Poughkeepsie**

Center for Nursing & Rehabilitation

Thank you to The  
Pines at  
Poughkeepsie for  
sponsoring our  
monthly birthday  
party!

## Bridge Club is looking for new members!

Do you play Bridge? The Town of Wappinger has a bridge group that meets every Tuesday from 10am-1pm at Schlathaus Park. The play is American Standard Bridge and there are no fees! Remember, playing cards keeps the brain sharp and alert. For more information call (845) 297-3670!



## AARP DEFENSIVE DRIVING CLASS

**Call Mary Long to enroll:  
845.297.0186**

**For any licensed driver  
**11/8 & 12/13**  
Inquire in the senior center**





# October's Monthly Craft



October's craft had a record attendance! With 25 of our members, we made hydro-dipped pumpkins! We took our crafting skills outside for proper ventilation and hand crafted gorgeous marbled pumpkins!



## Halloween Party



Happy Halloween! Thank you Gregg Pulver for sponsoring our Halloween party! We had some amazing food, played Halloween bingo, and had a costume contest! In 1st place, as Cruella DeVille, is Roxanne Meyer! In 2nd place, as a spooky witch, Maureen Norcross! And in 3rd place, as Danny Zuko from Grease, is Eugene Halford!

## Corn "Fall" Senior Center Float

Some of our members and our Senior Center Assistant Kellie Ann were in the Town of Wappinger community Day parade! We had a blast in our 1980's themed float. We honored the senior center's opening in 1988 by playing 80's music and dressing up! What a fun time!



## Get to Know Your Neighbor: Hai-Ping Fu

**When were you born?** October 18, 1960

**Where were you born?** Taiwan

**What is your ancestry?** Chinese

**How many siblings do/did you have?** I have 3 older sisters, 2 older brothers, and 2 younger sisters.

**What high school/college did you attend?** I have a MBA Degree in Finance at SUNY New Paltz

**Are you married? How long? Spouse name?** I have been married with Fan for 41 years.

**Do you have any children? Grandchildren? How many? Names?** I have 2 children, Nina and Gene.

**Do you have pets and if so, what?** My Tigger passed away 7 years ago. He was my first dog and I miss him very, very much.

**What was your career?** I am retired now.

**Were you in the military? What branch? What years?** N/A

**What is your favorite food?** Vegetables

**What is your favorite season?** Fall

**What is your favorite holiday?** Thanksgiving

**Favorite pastime/hobby?** Dancing and singing.

**What places have you visited? Do you prefer the seashore or mountains?**  
Mountains

**Movies: do you prefer comedies, drama, science fiction?** Comedy

**Anything else you want to share?** I love my art class, Zumba class, and exercise class at the Senior Center!





# *Wappinger Seniors Association, Inc.*

*Announces a Sponsored Trip For a Special:*



## “JINGLE BELL ROCK”

**A Special Holiday Presentation on Thursday, Dec 5th at**

*La Neve's Banquet Destination in Haledon, NJ*

*“Start the Holiday Season with the music of Joe Zisa & Friends:  
Dine, Dance & Enjoy!!!”*

**Trip includes: Bus fare, Family Style Luncheon, Music & Gratuities**

Lunch features Antipasto salad, Baked Ham & Turkey, Mashed potatoes, Sautéed Green Beans, Carrots  
Soda, Coffee, Tea plus Italian Pastries

**COST: Members: \$55 / Non-Members: \$70**

**(Checks payable to: Wappinger Seniors Association, Inc. or W.S.A.)**

**A Limited Seating, Non-Refundable Event**

**In-person Sign-up at TOW Senior Center!**

**See Alice or another WSA Board Member**

**Check-in at Wappinger Town Hall Senior Center @ 9:00am,**

**Bus departs for venue promptly at 9:15am**

**Return trip departs from La Neve at approx. 3:30pm**

**For more information call Anna: 914-474-7918 or Nancy: 845-298-8470**

# W.S.A. BOARD OF DIRECTORS NOMINATION ELECTIONS

THE FOLLOWING BOARD POSITIONS ARE OPEN FOR THE  
**2024 ELECTION CYCLE:**

PRESIDENT, SECRETARY, & ONE GENERAL BOARD MEMBER  
WSA PROPOSED SLATE OF CANDIDATES ARE AS FOLLOWS:

PRESIDENT: ANNA ACQUANITA

SECRETARY: SUSAN DORLER

BOARD MEMBER: SUZANNE BAUR

POSITIONS CARRY 3 YR TERMS AND MINIMALLY REQUIRE ATTENDANCE/COMMUNICATION WITH ALL OTHER BOARD MEMBERS AT MEETINGS & ACTIVE SUPPORT OF W.S.A. EVENTS.

ADDITIONAL NOMINATIONS\* MAY BE SUBMITTED BY FILLING OUT A BALLOT AND PLACING IT IN THE WSA SUGGESTION BOX.

**(One ballot per WSA member, duplicate ballots will not be accepted)**

BALLOTS MAY ONLY BE SUBMITTED BY CURRENT OFFICIAL WSA MEMBERS  
Nomination period will run from Nov 1<sup>st</sup> thru 12:30pm on Nov 8<sup>th</sup>, 2024  
GENERAL ELECTION, if necessary, TO BE HELD ON MONDAY,  
DECEMBER 9<sup>th</sup>, 2024; 9:30am – 3pm

\*Candidates must receive a minimum of 5 independent nominations to be considered for election.

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## W.S.A. MEMBER ELECTION NOMINATION BALLOT

[All positions carry 3 year terms]

PRESIDENT: \_\_\_\_\_

SECRETARY: \_\_\_\_\_

BOARD MEMBER: \_\_\_\_\_

Member Signature: \_\_\_\_\_ Date \_\_\_\_\_

[One nomination ballot per WSA member, no duplicates]

# Handy Contacts

## Wappinger Town Hall:

Assessor's Office: (845) 297-8275  
Camo Pollution: (845) 463-7310  
Building Department: (845) 297-6256  
Dog Control Officer: (845) 297-1030  
Fire Inspector: (845) 297-1373  
Highway: (845) 297-9451  
Justice Court: (845) 297-6070/7739  
Zoning & Planning: (845) 297-6256,  
Receiver of Taxes: (845) 297-4342  
Recreation: (845) 297-0720  
Senior Citizen Center: (845) 297-3670  
Town Clerk: (845) 297-5771  
Water & Sewer Billing: (845) 297-1850  
Zoning Administrator: (845) 297-1373

## Town Board Members:

Supervisor: Joseph D. Cavaccini: (845) 297-2744  
Ward 1: William Beale: (845) 764-0729  
Ward 2: Angela Bettina: (845) 831-9633  
Ward 3: Chris Phillips: (845) 372-9023  
Ward 4: Al Casella: (845) 803-6359



## Community Programs & Services:

Alzheimer's Association: (845) 471-2655  
American Cancer Society: (845) 452-2635  
American Diabetes Association: 473-4520  
American Heart Association: (845) 485-4703  
American Lung Association: (800) 586-4872  
American Red Cross: (845) 471-0200  
Cancer Services of DC: (845) 452-2932 x9717  
Community & Family Services: (845) 486-3701  
County Community Action Partnership,  
Inc.: (845) 452-5104  
Dial-A-Ride: (845) 473-8424  
Dutchess Outreach, Inc.: (845) 454-3792  
Grinnell Library: (845) 297-3428  
Hudson River Housing: (845) 454-5176  
Meals On Wheels: (845) 452-2245  
Mental Health America of DC, Inc.:  
(845) 473-2500  
Office for the Aging: (845) 486-2555  
Salvation Army, Poughkeepsie: (845) 471-1210  
Dutchess County SPCA: (845) 452-7722  
United Way of Dutchess County:  
(845) 471-1900

# Thanksgiving

C I X W E Y X X H X W X R F G R A T I T U D E A K  
 P N O J A H S M I F S K P U M P K I N Y Z K T L L  
 Y D G C H I Y S X X S B R O T H E R L D X N A Q F  
 W I D M D C M B M N S I G K P Q F A M I L Y F C E  
 M A G O W R C O R N B R E A D X A G O B B L E Z A  
 Y N X T F J U O N T P Z L O S T U F F I N G O L S  
 E P B H D G C M S K H I X T H N O V E M B E R L T  
 O G I E C A Z P S U J A L N L E F T O V E R S Z P  
 M Z A R C R G G Q T W R N G T H A N K F U L I D O  
 I C J T Y R Y K P H I A L K R V Z A S E W L F W I  
 T R A D I T I O N S S C M A S I X J G R A N D M A  
 D E H K C O U S I N I D K R U G M Y C P D M O S J  
 D A C U G G Y M W F S Y V N K S I W W I N A S T V  
 O H I M U Y U X B G T H F P E B R V G O U S M D Z  
 V D U I I U N C L E E T S I C Y V Q I J P S M W I  
 M G Z Z Z J Q V J X R U R C O B Y A S N K A A D P  
 K A E W I S H B O N E R N A R A F U H H G C Y R I  
 Z I I O J F I P I Q E K I R N R A T G U W H F E L  
 P D P G A I A D L B P E O V U O L U J Z A U L S G  
 Z K Y Q T X M T N Y E Y Y E C L L M D E M S O S R  
 O Q P Y I K S A H S M G Z Z O L A N D C R E W I I  
 X O A W K D R I A E V O F M P S Q A A S S T E N M  
 N D P W H C K C C G R P T W I U B R M U B T R G B  
 P B H S Q U A S H S U S P H A R W A C O N S W P A  
 W R W Z D G R A N D P A C T F F Y L N E C T N U Y

Thanksgiving  
 pilgrim  
 mayflower  
 gratitude  
 yams  
 family  
 gobble

pilgrim  
 indian  
 november  
 thankful  
 grandma  
 mother  
 traditions

pumpkin  
 autumn  
 stuffing  
 Massachusetts  
 grandpa  
 father  
 fall

turkey  
 pie  
 rolls  
 Plymouth  
 uncle  
 brother  
 leftovers

dressing  
 cornucopia  
 combread  
 squash  
 aunt  
 sister  
 acorns

cranberries  
 feast  
 drumstick  
 wishbone  
 cousin  
 carve