

#### Dear neighbor,

On behalf of our Parks and Recreation Department, Senior Center Division, it was a great honor to invite you to participate in our incredible 2025 calendar of activities and events for our Wappinger Town Senior Center. We are so delighted to have you as a part of our vibrant community, and we look forward to the many enjoyable moments we will share together.

Our Senior Center is more than just a place to visit; it is a hub of activity and enrichment designed to enhance your quality of life. We take a tremendous amount of pride in offering a diverse array of programs and activities tailored to seniors of all ages and abilities. Many of the programs and events outlined in these pages are new and we truly encourage you to try something new. Bring a friend or come and meet one of our many neighbors who also joined in enrolling in our Town's ever-growing programming. This comprehensive program will provide you a snapshot of what our Parks and Recreation Department have to offer to you in our Town's sesquicentennial year.

Your membership opens the door to a plethora of opportunities for continuing education, relaxation, cognitive and physical strength training, and socialization with friends. We encourage you to maximize your involvement and participate in as many activities as you wish. As always, let us know if you have and suggestions for new programs too! Our goal is to create a welcoming environment where you feel valued and engaged.

We are thrilled to have you with us and I look forward to seeing you around Town.

Joseph D. Cavaccini, Town Supervisor





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	Mon	Tue	Wed	Thu	Fri
C) (S) Ro	Ke) & C - Knit & Prochet S) - Schlathaus ed - New rograms	578	Closed	2 Closed	Closed
0	Oam Pinocle 6 Oam K&C Lessons O:3Oam Zumba iold 2:3Opm Bingo pm Chair Olleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 9 10am Chair Yoga 12pm Craft - Waterless Snowglobes 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
) 10 10 G 12 2	Oam Pinocle 13 Oam K&C Lessons 0:30am Zumba iold 2:30pm Bingo pm Chair olleyball	14 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	15 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9am AARP Pefensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	20 Closed	21 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	22 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 23 10am Chair Yoga 11:30am Lunch & a Movie - Miracle on 34th Street 2pm Rummikub 2pm Chair Volleyball	9am AARP 24 Defensive Driving Snow Date 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10 10 G 12 2	Oam Pinocle  Oam K&C Lessons  0:30am Zumba  iold  2:30pm Bingo  pm Chair  olleyball	28 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	29 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	30 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	9:30am Book elub - Trust by Hernan Diaz 9:30am Mahjongg 10am Pinocle 10:30am SDCC Seminar 12pm Bingo



# February

Mon	Tue	Wed	Thu	Fri
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 11am Cardiovasular Health Seminar 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - The Notebook 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Craft - Card Making 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am V-Day Lunch 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
17 Closed	18 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	19 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9am AARP 21 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
24 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	11am 10c Bingo 2pm Rummikub	26 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	27 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	9am Book Club2-8 The Woman by Kristen Hannah 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs				



# CARDIOVASCULAR SEMINAR

&

WHERE:

THE TOWN OF WAPPINGER SENIOR CENTER

WHEN:

FEBRUARY 3, 2024 11:00 AM -12:15 NOON

VALENTINE'S PARTY











### March

Mon	Tue	Wed	Thu	Fri
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	5 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 6 10am Chair Yoga 11:30am Lunch & a Movie - A Star is Born (Gaga Version) 2pm Rummikub 2pm Chair Volleyball	9am AARP 7 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Foster Grandparents Seminar 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	12 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Irish Coffee Mugs 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 17 10am K&C Lessons 10:30am Zumba Gold 11am St. Patrick's Day Lunch 12:30pm Bingo 2pm Chair Volleyball	18 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	19 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	20 9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 24 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	25 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	26 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	27 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	9am Book Club - TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 31 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball				Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs



# GRAFI WORKSHOP

**IRISH COFFEE MUGS** 

Join us at the Town of Wappinger Senior Center each month for a unique craft! Crafting beginners welcomed!



March 13th, 2025 12pm



Town of Wappinger Senior Center

For more information, contact: (845) 297-3670

## April

	Mon	Tue	Wed	Thu	Fri
15 4 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	TBA Educational Seminar Book Club	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	7 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Teacup Candles 2pm Rummikub 2pm Chair Volleyball	9am AARP 11 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	14 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	23 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	24 9am Exercise 10am Chair Yoga 2pm Walking Group - Town Hall 2pm Rummikub 2pm Chair Volleyball	9am Book Club-5 TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	29 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno		Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs





TOWN OF WAPPINGER RECREATION

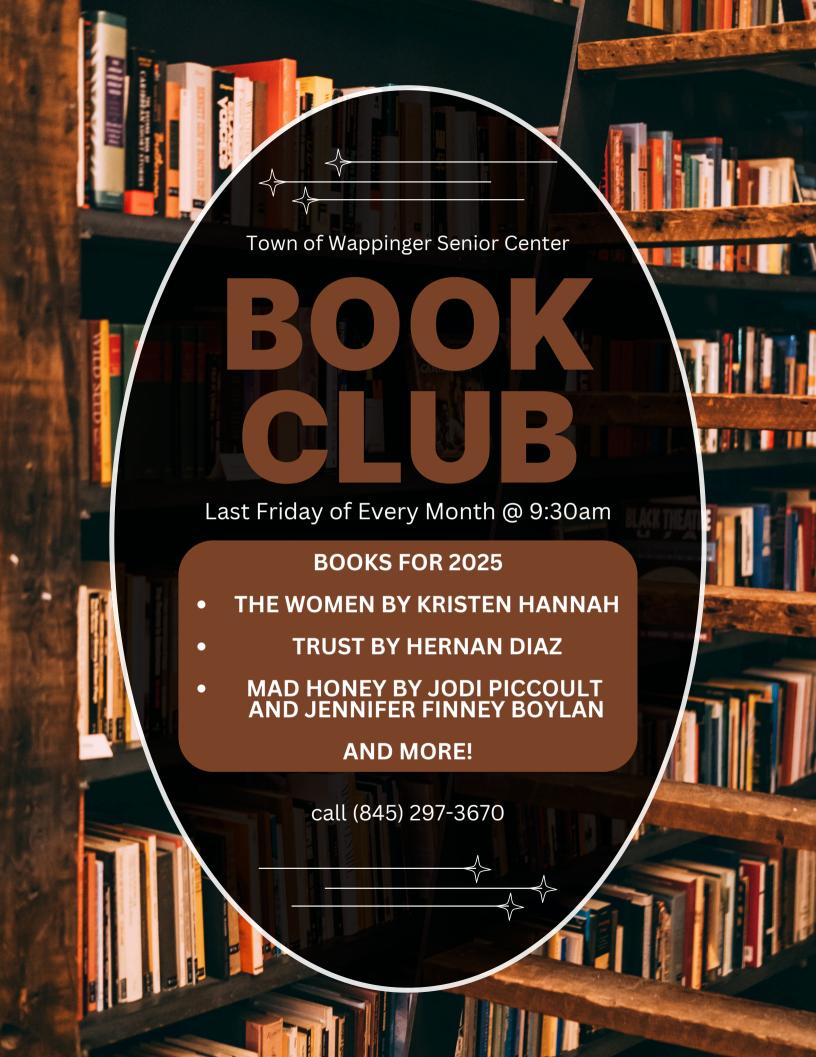
AND SENIOR CENTER

# EXPLORE WARPINGER WALKING GROUP

JOIN US ONCE A MONTH TO WALK WITH
THE COMMUNITY AT ONE OF OUR
BEAUTIFUL PARKS! VIEW THE SCENIC
LANDSCAPES THAT WAPPINGER HAS TO
OFFER WITH A GUIDED TOUR OF OUR
PARKS!

STARTING APRIL24TH, 2PM @ TOWN HALL CHECK OUR FACEBOOK FOR UPDATES OR CALL (845) 845-297-0720

			1 a		
	Mon	Tue	Wed	Thu	Fri
V	TBA Educational Seminar Book Club	Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs		9am Exercise 1 10am Chair Yoga 11:30am Lunch & a Movie - The King & I 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	5 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Homemade Paper 2pm Rummikub 2pm Chair Volleyball	9am AARP 9 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	12 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	13 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	19 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	20 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 22 10am Chair Yoga 2pm Walking Group - Location TBA 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
	Closed	27 9am Art Class 10am Bridge Club (S) 17am 10e Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	29 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	9am Book Club 30 TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo



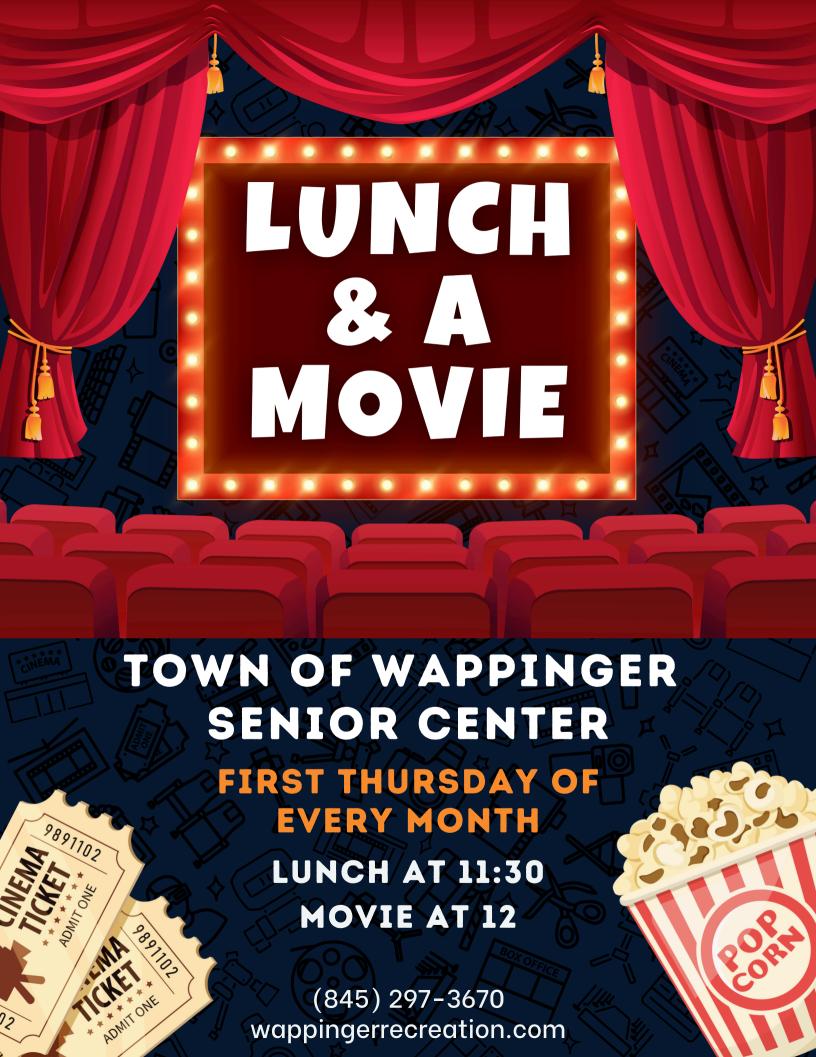
### June

Mon	Tue	Wed	Thu	Fri
2 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Beautiful Boy 2pm Rummikub 2pm Chair Volleyball	9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Marbled Coasters 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
16 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	17 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 2pm Walking Group - Location TBA 2pm Rummikub 2pm Chair Volleyball	27 9:30am Book Club - TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
30 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball			TBA Educational Seminar Book Club	Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs









# July

Mon	Tue			Fri
Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - A Bronx Tale 2pm Rummikub 2pm Chair Volleyball	4 Closed
7 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Rose Petal Bath Bombs 2pm Rummikub 2pm Chair Volleyball	9am AARP 11 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
14 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	15 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 21 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 23 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno Office for the Aging Picnic	9am Exercise 10am Chair Yoga 2pm Walking Group - Location TBA 2pm Rummikub 2pm Chair Volleyball	9:30am Book Club - TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
28 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	29 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	31 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	TBA Educational Seminar Book Club























**COME JOIN US FOR** 

# CHAIR VOLLEYBALL

**EVERY MONDAY AND THURSDAY** 

AT 2PM
Town Hall Main Meeting
Room

	Au	g u	s.t	
Mon	Tue	Wed	Thu	Fri S
		Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs	TBA Educational Seminar Book Club	9am AARP Defensive Drivir 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	5 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Priscilla 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am K&C Lessons 10:30am Zumba	11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Pressed Flower Lanterns 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
18 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 25 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	26 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 28 10am Chair Yoga 2pm Walking Group - Location TBA 2pm Rummikub 2pm Chair Volleyball	9:30am Book 2 Club - TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo







# TOWN OF WAPPINGER SENIOR CENTER

# Chair Yoga Class

Take a break from the stress and hustle of daily life and join us for a rejuvenating yoga class with our amazing instructor Meg.

- Start at 10am
- Every Thursday
- Senior Center







#### \$16 a month

Bring a water bottle and comfortable clothing. Limited spots available, so reserve your place today

Contact us for more information:

- (845) 297-3670
- wappingerrecreation.com

# September

Mon	Tue	Wed	Thu	Fri
Closed	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Good Will Hunting 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo 9/6 Grandparents Day Picnic
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Clay Leaves 2pm Rummikub 2pm Chair Volleyball	9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
15 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	23 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 2pm Walking Group - Location TBA 2pm Rummikub 2pm Chair Volleyball	26 9:30am Book Club - TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	30 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub		TBA Educational Seminar Book Club	Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs

















Town of Wappinger Senior Center and Recreation Department

### WAPPINGER GRANDPARENTS DAY

# PHENHE



### Saturday, September 6th

11am at Martz Field

Join us for a picnic honoring National Grandparents Day! Bring the whole family for a day of food, games, and fun! Open to all town of Wappinger residents.

**Join Now!** 



wappingerrecreation.com

## October

	Mon	Tue	Wed	Thu	Fri
	shlathaus New	TBA Educational Seminar AARP Defensive Driving Book Club	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - The Shining 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10:30ai Gold 12:30pi	inocle & C Lessons m Zumba m Bingo air Volleyball	7 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9 9am Exercise 10am Chair Yoga 12pm Craft - Halloween Garland 2pm Rummikub 2pm Chair Volleyball	9am AARP 10 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
Clo	13 sed	14 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10:30ai Gold 12:30pi	&C Lessons m Zumba	21 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	10am Pinocle 11am Quilting (S)	23 Pam Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	9:30am Book Club - TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games
10:30ai Gold 12:30pi	&C Lessons	28 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	99 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	9/30am Mahjong 10am Pinocle 11am Halloween Party 12pm Bingo



Food, Fun, and "Jessica's Horrible Halloween Bingo" Kellie Ann (845) 297–3670



### November

Mon	Tue	Wed	Thu	Fri
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyb	9am Art Class 10am Bridge Club (5) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Old Yeller 2pm Rummikub 2pm Chair Volleyball	9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	Closed	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 13 10am Chair Yoga 12pm Craft - Give Thanks Wood Signs 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
17 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 24 10am K&C Lessons 10:30am Zumba Gold 11am Thanksgiving Lunch 12:30pm Bingo 2pm Chair Volleyball	25 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	26 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	27 Closed	28 Closed
			TBA Educational Seminar Book Club	Key K&C - Knit & Crochet (S) - Schlathaus - New Programs



## December

Mon	Tue	Wed	Thu	Fri
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	2 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Elf 2pm Rummikub 2pm Chair Volleyball	9am AARP Defersive Driving 9:30am Book Club- TBA 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
Oam Pinocle Oam K&C Lessons O:30am Zumba Gold C:30pm Bingo Pom Chair Volleyball	Closed	2am Zumba Gold 10am Pinocle 11am The Hotiday Party 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 11 10am Chair Yoga 12pm Craft - Holiday Card Making 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 15 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	16 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 10am Holly Jolly Brunch 11am Tree Lighting 12pm White Elephant
22 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	23 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	24 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	25 Closed	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo 2pm Chair Volleyball	30 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	31 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	TBA Educational Seminar Book Club	Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs





#### **About Our Center**

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, bus trips, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjongg, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!

#### Programs coming to our Center

Scrapbooking/Card making club
Walking group
Educational Seminars
Guest Bingo Callers
Extra day of chair volleyball
More exercise classes
and more!



Do you have a new idea for a club, class, or group for our senior center? We'd love to hear your feedback!

Call (845) 297-3670 or email kdetheridge@townofwappingerny.gov



(845) 297-3670 www.WappingerRecreation.com We're open from 8:30am-4pm Monday to Friday.





















