

## **March 2025**



Town of Wappinger Senior Center





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Group



#### **About Our Senior Center**



(845) 297-3670

#### www.WappingerRecreation.com

#### We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjongg, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



#### **Welcome New Members!**

Cindy Dewey, LaVern Donato, Evelyn Faber, Richard Mikolajczak, Rosemary Mikolajczak, Anna J. Picarello, Lucy Pirro, Mona Whiting, and Maryann Zaubi.

## March

Mon	Tue	Wed	Thu	Fri
10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	5 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 6 10am Chair Yoga 11:30am Lunch & a Movie - A Star is Born (Gaga Version) 2pm Rummikub 2pm Chair Volleyball	9am AARP 7 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Foster Grandparents Seminar 12:30pm Bingo
10am Pinocle 10 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo Bus Trip Registration opens	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	12 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Irish Coffee Mugs 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
10am Pinocle 17 10am K&C Lessons 10:30am Zumba Gold 11am St. Patrick's Day Lunch 12:30pm Bingo	18 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	19 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
24 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	25 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	26 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	27 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	9:30am Book CDB -Ordinary Grace by William Kent 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
31 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo				Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs

# April

	Mon	Tue	Wed	Thu	Fri
1111, Se 16	***	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Going in Style 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
	7 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 12pm Craft - Teacup Candles 2pm Rummikub 2pm Chair Volleyball	9am AARP 11 Defensive Driving 9:30am Mahjongg 10am Pinocle 11am Rita & Joe DelValle Vow Renewal Ceremony 12:30pm Bingo
	10am Pinocle 14 10am K&C Lessons 10:30am Zumba Gold 11am Understanding Alzheimer's Seminar 12:30pm Bingo	8am Wind Creek Bus Trip 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
	21 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 11am Chili Day 12:30pm Bingo	9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	23 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	24 9am Exercise 10am Chair Yoga 2pm Walking Group - Town Hall 2pm Rummikub 2pm Chair Volleyball	9am Book Club2-5 Mad Honey by Jodi Piccoult 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
	10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	29 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno		Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs

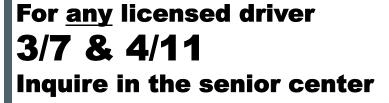






## AARP DEFENSIVE DRIVING CLASS

Call Mary Long to enroll: (845) 297-0186













## What's Happening Around The Center?



**Exciting Announcement!** Explore Wappinger walking group is starting in April! The senior center is teaming up with the community to start a guided walking group! Join us in a guided tour of our amazing parks and trails in Wappinger. Registration coming soon. This group will take place once a month, starting April 24th at Town Hall.

<u>February Lunch and A Movie– The Notebook</u> Lunch a movie was amazing this month! We watched the heartfelt movie "The Notebook" in honor of Valentine's Day. We enjoyed heart-shaped raviolis made by member George Gumbel and Kellie Ann.

<u>February Birthday Party</u> Happy birthday to our February babies! We celebrated with bingo, pizza, and cake! Join us next month for an event you wont want to miss! Sign-up is required to attend!

In March, we'll celebrate on 3/20.

In April, we'll celebrate on 4/17.



#### Educational Seminars sparks excitement throughout our center

January and February brought us back to back seminars. Thanks to the Southern Dutchess Community Coalition and Community Home Healthcare. Our 1st seminar, Narcan training and safe medication disposal truly educated us on the benefits of being Narcan trained. Our February seminar from Community Home Healthcare was a lunch and learn experience. We discussed heart health for cardiovascular health month. Joins us March 7th @11:30am to learn about foster grandparents!

<u>St Patrick's Day Luncheon</u> On March 17th at 11am, We're hosting a St. Patty's Day Luncheon! Sign-up coming soon.

<u>April 21st is Chili Day!</u> The "Soup"er bowl was such a big hit! Hughsonville Fire Department is coming back on April 21st @I Iam to bring delicious chili to our Senior Center! Sign-up coming soon.

## March's **Birthday Babies**

- 1 Kay Krysty
- 1 Gurmeet 'Jind Singh
- 2 Lynnette Maurer
- 2 Anna Schettino
- 3 Roxanna Synnett
- **5 Kathy Elliot**
- **6 Debra Burns**
- **6 Janet Versace**
- 9 Maureen Mccormack
- 9 Josephine "Patsy" Moran
- 13 Norma I. Rodriguez
- 14 Rita Devalle
- 15 Suzanne Baur
- 16 Eileen Stickle
- **17 Florence Docherty**
- 17 Sylvia Ensley
- 18 Norma Waldbillig
- 21 Rose Gioggia
- **26 Regina Matson**
- 28 Patricia Callahan
- 28 Eileen Lithco
- 29 Susan Dorler

March's Birthday Celebration March 20, 11:30 am

## April's **Birthday Babies**

- 1 Joan S. Myers
- 2 Diane Piesco
- 2 Therese Rhoades
- 3 Anna Aguanita
- 8 Rochelle Valdivia
- **10 Libby Settens**
- 17 Barbara Gutzler
- 19 Audrey Ryan
- 21 Kenneth Parchinski
- 21 Linda Rodriguez
- 25 Wilhelmina Girolamo
- **26 Jacqueline Hartung**

Sign-up is required! Sign-up in the senior center or online.

## Cake! Pizza! Bingo

**April's Birthday** Celebration April 17th, 11:30am

## **■ The Pines** at Poughkeepsie sponsoring our monthly birthday party!

Thank you to The Pines at Poughkeepsie for birthday party!

Center for Nursing & Rehabilitation

#### Get to Know Your Neighbor: Peg Harten

When were you born? 1/2/1937.

Where were you born? Ossining, New York.

What is your ancestry? Irish.

How many siblings do/did you have? None.

What high school/college did you attend? Ossining High School.

**Are you married? How long? Spouse name?** We made it 52 years, Burt died in November 2011.

Do you have any children? How many? Names? Grandchildren? How many? Names? 3, Bob, Cathy, and Ed. 7 grandchildren Kristie, Stacey, Mike, Matt, Natala, Justin, Jessica, 7 great grandchildren, Alexander, Cameron, Savannah, Skylar, Jaxin, Marliegh, Benjamin, and #8 is due in July! A little girl.

Do you have pets and if so, what? Dog.

What was your career? Housewife.

Were you in the military? What branch? What years? Burt was in the Navy. My son Bob was in the marines for 20 years.

What is your favorite food? Italian and German What is your favorite season? Spring.

What is your favorite holiday? Christmas.

Favorite pastime/hobby? Bingo, reading, and use to love gardening.

What countries have you visited? Canada, Alaska, Mexico, Hawaii, Bahamas, Caribbean.

Do you prefer the seashore or mountains? Mountains.

Movies: do you prefer comedies, drama, science fiction? Old movies, musicals, and comedies.

Anything else you want to share? I love coming to the center. Everyone is so friendly, it's like a big family.



# EXPLORE WAPPINGER WALKING GROUP

JOIN US ONCE A MONTH TO WALK WITH

THE COMMUNITY AT ONE OF OUR

BEAUTIFUL PARKS! VIEW THE SCENIC

LANDSCAPES THAT WAPPINGER HAS TO

OFFER WITH A GUIDED TOUR OF OUR

PARKS!

STARTING APRIL24TH, 2PM @ TOWN HALL CHECK OUR FACEBOOK FOR UPDATES OR CALL (845) 845-297-0720

## **Handy Contacts**

## Wappinger Town Hall:

## **Town Board Members:**

Assessor's Office: (845) 297-8275 Camo Pollution: (845) 463-7310

Building Department: (845) 297-6256 Dog Control Officer: (845) 297-1030

Fire Inspector: (845) 297-1373

Highway: (845) 297-9451

Justice Court: (845) 297-6070/7739 Zoning & Planning: (845) 297-6256, Receiver of Taxes: (845) 297-4342

Recreation: (845) 297-0720

Senior Citizen Center: (845) 297-3670

Town Clerk: (845) 297-5771

Water & Sewer Billing: (845) 297-1850 Zoning Administrator: (845) 297-1373

Supervisor: Joseph D. Cavaccini: (845) 297-2744

Ward 1: William Beale: (845) 764-0729 Ward 2: Angela Bettina: (845) 831-9633 Ward 3: Chris Phillips: (845) 372-9023 Ward 4: Al Casella: (845) 803-6359



## **Community Programs & Services:**

Alzheimer's Association: (845) 471-2655

American Cancer Society: (845) 452-2635

American Diabetes Association: 473-4520

American Heart Association: (845) 485-4703

American Lung Association: (800) 586-4872

American Red Cross: (845) 471-0200

Cancer Services of DC:(845) 452-2932 x9717

County Community Action Partnership,

Inc.: (845) 452-5104

Dial-A-Ride: (845) 473-8424

Dutchess Outreach, Inc.: (845) 454-3792

Grinnell Library: (845) 297-3428

Hudson River Housing: (845) 454-5176

Meals On Wheels: (845) 452-2245 Mental Health America of DC, Inc.:

(845) 473-2500

Community & Family Services: (845) 486-3701 Office for the Aging: (845) 486-2555

Salvation Army, Poughkeepsie: (845) 471-1210

Dutchess County SPCA: (845) 452-7722

United Way of Dutchess County:

(845) 471-1900

# St. Patrick's Day



Color by Number





3= 4= 5=

