May 2025

Town of Wappinger Senior Center

"We are rooted here"



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WAPPINGER 150

About Our Senior Center

(845) 297-3670

www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjongg, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



Welcome New Members!

Silvia Cocca, Diane D. Fuhrer, Debra Garcia, Jane Harla, Bibsie Johnson, Yvette Medina, Fred Schomann, Kathy Steeves, and Manny Valdivia.

May

Mon	Tue	Wed	Thu	Fri
	Key K&C - Knit & Crochet (S) - Schlathaus C - Carnwath Admin Building Red - New Programs		1 9am Exercise 10am Chair Yoga ***11:30am Lunch & a Movie - The King & I*** **2pm Rummikub** 2pm Chair Volleyball	2 9:30am Mahjongg 10am Pinocle **11:30am Brain Games** 12pm Bingo
5 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	6 9am Art Class NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub	7 **9am Bocce** 9am Zumba Gold 10am Pinocle 11am Quilting (C) 12pm Mahjongg 12pm Pokeno	8 9am Exercise 10am Chair Yoga **12pm Craft - Homemade Paper** 2pm Rummikub 2pm Chair Volleyball	9 **9am AARP Defensive Driving** 9:30am Mahjongg 10am Pinocle **11:30am Brain Games** 12pm Bingo
12 10am Mother's Day Breakfast 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	13 9am Art Class NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub	14 **9am Bocce** 9am Zumba Gold 10am Pinocle 11am Quilting (C) 12pm Mahjongg 12pm Pokeno	15 9am Exercise 10am Chair Yoga **11:30am Birthday Party** 2pm Rummikub 2pm Chair Volleyball	16 9:30am Mahjongg 10am Pinocle **11:30am Brain Games** 12pm Bingo
19 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	20 9am Art Class NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub	21 **9am Bocce** 9am Zumba Gold 10am Pinocle 11am Quilting (C) 12pm Mahjongg 12pm Pokeno	22 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	23 9:30am Mahjongg 10am Pinocle **11am Processed Foods Seminar** 12pm Bingo
26 **Closed**	27 9am Art Class NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub	**Senior Living Expo 10-2** 28 **9am Bocce** 9am Zumba Gold 10am Pinocle 11am Quilting (C) 12pm Mahjongg 12pm Pokeno	29 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm NO Chair Volleyball **2PM Walking Group - Dutchess Rail Trail (Diddell Road Entrance)**	30 **9:30am Book Club - Mad Honey by Jodi Piccoult** 9:30am Mahjongg 10am Pinocle 12pm Bingo 5/31 Medieval Times Bus Trip

2025

June

Mon	Tue	Wed	Thu	Fri
2 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	3 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	4 **9am Bocce** 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	5 9am Exercise 10am Chair Yoga ***11:30am Lunch & a Movie - Beautiful Boy*** **2pm Rummikub** 2pm Chair Volleyball	6 **9am AARP Defensive Driving** 9:30am Mahjongg 10am Pinocle **11:30am Brain Games** 12pm Bingo
9 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	10 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	11 **9am Bocce** 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	12 9am Exercise 10am Chair Yoga **12pm Craft - Marbled Coasters** 2pm Rummikub 2pm Chair Volleyball	13 9:30am Mahjongg 10am Pinocle **11:30am Brain Games** 12pm Bingo
16 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	17 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	18 **9am Bocce** 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	19 9am Exercise 10am Chair Yoga **11:30am Birthday Party** 2pm Rummikub 2pm Chair Volleyball	20 9:30am Mahjongg 10am Pinocle **11:30am Brain Games** 12pm Bingo
23 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	24 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	**9am Bocce** 25 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno 2pm Walking Group - Location Village (Mesier Park)	26 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	**9:30am Book Club - The Sun Does Shine by Anthony Ray Hinton** 27 9:30am Mahjongg 10am Pinocle **11am Financial Planning with Northwestern Mutual Seminar** 12pm Bingo
10am Pinocle 30 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo		*Key* K&C - Knit & Crochet (S) - Schlathaus Red - New Programs		

2025

WHAT'S HAPPENING AROUND THE CENTER?

- CHILI DAY! THANK YOU HUGHSONVILLE FIRE DEPARTMENT FOR MAKING DELICIOUS CHILI
- LUNCH AND A MOVIE - GOING IN STYLE - BEEF & BROCCOLI
- APRIL CRAFT - TEACUP CANDLES
- APRIL BIRTHDAY PARTY
- EDUCATIONAL SEMINAR FROM THE ALZHEIMER'S ASSOCIATION
- BUS TRIP TO WIND CREEK CASINO















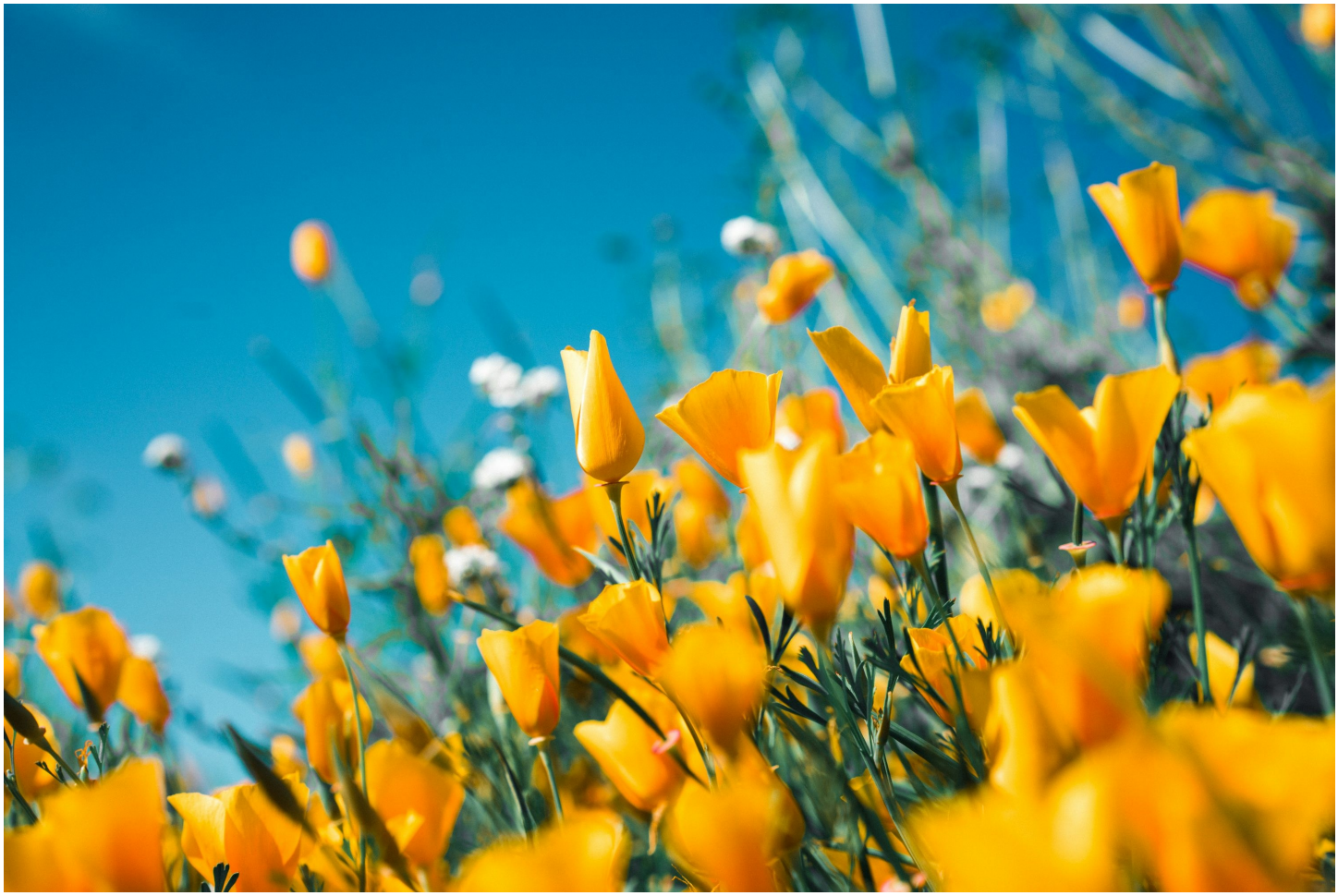


AARP DEFENSIVE DRIVING CLASS



Call Mary Long to enroll:
(845) 297-0186

For any licensed driver
5/9 & 6/6
Inquire in the senior center




WAPPINGER SENIOR CENTER
MOTHER'S DAY BREAKFAST
May 12th 10AM
Bingo at 12:30pm
Wappinger Town Hall
-French Toast-Eggs-Potatoes-Sausage-Bacon-
Tea & Coffee
Light Dessert
PLEASE SIGN UP IN THE SENIOR CENTER
NO CHARGE
LIMITED TO 60 SEATS

TOWN OF WAPPINGER
SENIOR CENTER

GARDEN Club

WE'RE LOOKING TO GROW OUR GARDEN CLUB! THE CLUB IS A GROUP OF DEDICATED MEMBERS TO HELP BEAUTIFY THE WAPPINGER TOWN HALL! WITH ONLY ABOUT 3 HOURS PER MONTH DURING THE "GROWING SEASON" IN SUPPORT OF NEW/ESTABLISHED PLANTINGS, AND MOSTLY WATERING. IN ADDITION, SUPPORT OF AN ANNUAL "PRIMARY PROJECT" OF NO MORE THAN 5 HOURS! THE GARDEN CLUB WORKS TOGETHER TO SPREAD POSITIVITY AND SHARE OUR COMMON LOVE OF GARDENING!

FOR MORE INFO,
CALL KELLIE ANN
(845) 297-3670

Register online
www.wappingerrecreation.com



May's Birthday Babies

1 Elisa Stacchini
9 Helene Goldberg
9 Maryellen O'Donnell
10 Mary Caterine Weeks
15 Margaret Loh
19 Sonia Bryan
19 Maria Dibartolomeo
20 Ann Marie Pantaleo
25 Carol Bergamini
30 Pamela Blenman
30 Richard Dobbins
31 Gloria Gibson

June's Birthday Babies

1 June Weldon
2 Donald Burns
5 Dorothy Groark
5 Pam Herbst
7 Betsy Tripaldi
8 Eleanor Coppola
8 Mary Angela Richard
9 Joan Nelson
16 June Dotolo
16 Lee Russo
17 Mary Ann Mikulsky
25 Jack Monachino
26 Hee Cho
28 Mike Tebolt

Cake! Pizza! Bingo!

Sign-up is required! Sign-up in the senior center or online.

May's Birthday Celebration
May 15th, 11:30 am

June's Birthday Celebration
June 19th, 11:30am

The Pines at Poughkeepsie
Center for Nursing & Rehabilitation

Thank you to The Pines at Poughkeepsie for sponsoring our monthly birthday party!

Get to Know Your Neighbor: Mike Tebolt



When were you born? June 28th, 1935.

Where were you born? New Rochelle, NY.

What is your ancestry? Hungary and French.

How many siblings do/did you have? 2 boys.

What high school/college did you attend? Stepnic High School and Westchester Community College.

Are you married? How long? Spouse/partner's name? Yes, 66 years to Carmela "Millie".

Do you have any children? How many? Names? Grandchildren? How many? Names? 2 boys, Michael Jr. and James. 3 grandchildren, Michelle, Carly, and Luke.

Do you have pets and if so, what? No.

What was your career? Computer Programmer at IBM.

Were you in the military? What branch? What years? Yes, Army from 1958-1960. Special services—spy.

What is your *favorite* food? Italian.

What is your *favorite* season? I like them all.

What is your *favorite* holiday? Christmas.

Favorite pastime/hobby? Model railroad and flying model RC aircrafts.

What countries have you visited? None.

Do you prefer the seashore or mountains? Mountains.

Movies: do you prefer comedies, drama, science fiction? I don't go to the movies.

Anything else you want to share? I love trains and used to railfan. I enjoy coming to the senior center to do puzzles.

2025 SENIOR LIVING IN WAPPINGER EXPO



A ONE STOP SHOP FOR OUR SENIORS FEATURING LOCAL BUSINESSES & PROFESSIONALS

AT WAPPINGER TOWN HALL

WEDNESDAY MAY 28 10AM-2PM

WAPPINGER RESIDENTS ONLY

PARTICIPATING VENDORS SERVING OUR SENIORS

- *Enrichment Resources*
- *Volunteer Opportunities*
- *Social Enrichment*
- *Educational Opportunities*
- *Healthcare Resources*
- *Mental & Physical Health Resources*
- *Financial Resources*

... and More!

EVENT DETAILS

The Senior Living Expo will be an event to offer various resources to help seniors live their best lives in our community. From home healthcare to social enrichment to volunteer opportunities, we're hoping to expand the diversity of resources being offered to our seniors. We are excited to bring this event back for the 3rd year and expand!



AN ALL INCLUSIVE EVENT! EXPANDING IN 2025

Helping our community seniors get the answers they need and learn how to AVOID major issues by providing information on scam awareness and prevention!

TOWN OF WAPPINGER
20 MIDDLEBUSH ROAD
WAPPINGERS FALLS, NY 12590
845-297-3670

55+

TOWN OF WAPPINGER SENIOR CENTER

MEDIEVAL TIMES BUS TRIP

SATURDAY, MAY 31ST

$80

SIGN-UP FOR RESIDENTS & SENIOR CENTER MEMBERS STARTS APRIL 28TH

INCLUDES BUS TRIP, GRATUITY, LIVE SHOW, AND 4 COURSE MEAL





LEAVING CENTER - 11:30AM
LEAVING MEDIEVAL TIMES - 4PM

Handy Contacts

Wappinger Town Hall:

Assessor's Office: (845) 297-8275
Camo Pollution: (845) 463-7310
Building Department: (845) 297-6256
Dog Control Officer: (845) 297-1030
Fire Inspector: (845) 297-1373
Highway: (845) 297-9451
Justice Court: (845) 297-6070/7739
Zoning & Planning: (845) 297-6256,
Receiver of Taxes: (845) 297-4342
Recreation: (845) 297-0720
Senior Citizen Center: (845) 297-3670
Town Clerk: (845) 297-5771
Water & Sewer Billing: (845) 297-1850
Zoning Administrator: (845) 297-1373

Town Board Members:

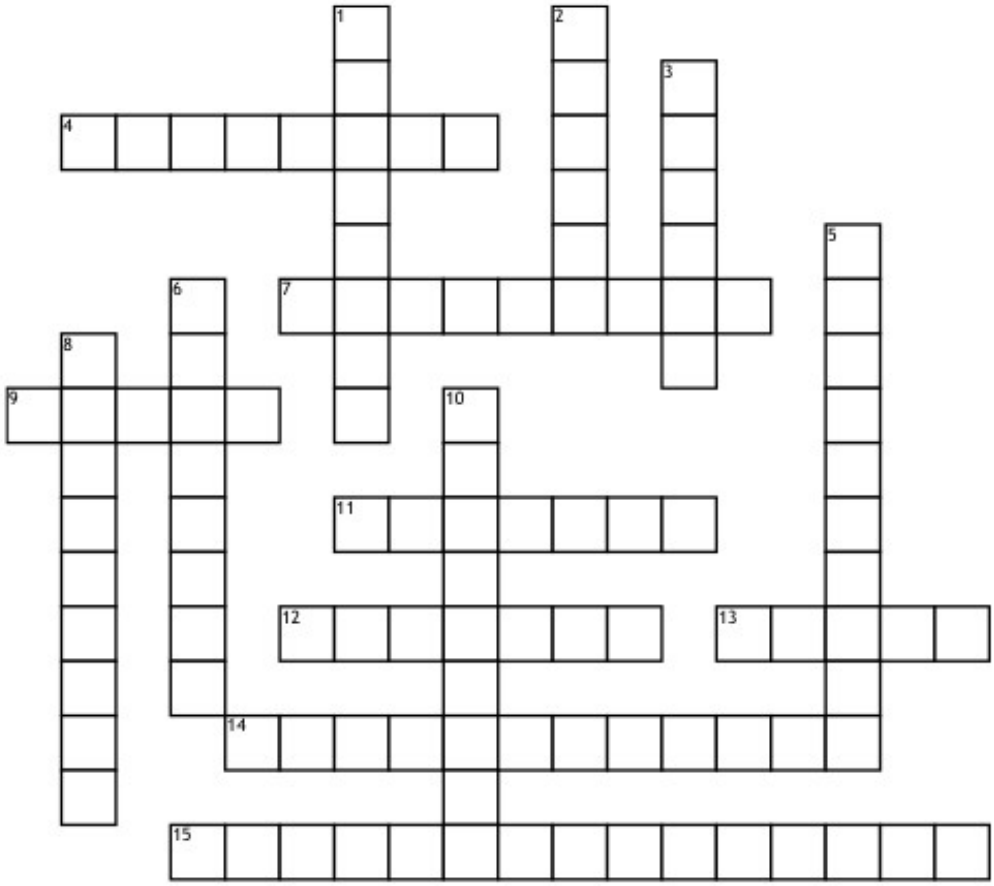
Supervisor: Joseph D. Cavaccini: (845) 297-2744
Ward 1: William Beale: (845) 764-0729
Ward 2: Angela Bettina: (845) 831-9633
Ward 3: Chris Phillips: (845) 372-9023
Ward 4: Al Casella: (845) 803-6359



Community Programs & Services:

Alzheimer's Association: (845) 471-2655
American Cancer Society: (845) 452-2635
American Diabetes Association: 473-4520
American Heart Association: (845) 485-4703
American Lung Association: (800) 586-4872
American Red Cross: (845) 471-0200
Cancer Services of DC:(845) 452-2932 x9717
Community & Family Services:(845) 486-3701
County Community Action Partnership, Inc.: (845) 452-5104
Office of Addiction Services and Support (877)846-7369
Dial-A-Ride: (845) 473-8424
Dutchess Outreach, Inc.: (845) 454-3792
Grinnell Library: (845) 297-3428
Hudson River Housing: (845) 454-5176
Meals On Wheels: (845) 452-2245
Mental Health America of DC, Inc.: (845) 473- 2500
Office for the Aging: (845) 486-2555
Salvation Army, Poughkeepsie:(845) 471-1210
Dutchess County SPCA: (845) 452-7722
United Way of Dutchess County: (845) 471-1900

Spring Crossword



Across

4. A day set aside for planting trees.

7. A winged insect that comes in a variety of colors.

9. The first month of spring.

11. What happens in April to bring May flowers?

12. After it rains, what is something colorful you might see in the sky?

13. What do the flowers do in the Spring?

14. A basketball tournament that occurs during a spring month.

15. What is it called when time is moved one hour back?

Down

1. Small round beetles that are often red with black dots.

2. A colorful plant with leaves and petals.

3. A small pool of water.

5. A day to play pranks.

6. A name for a young duck.

8. A grassweed with a yellow flower.

10. Animal who shows if spring is coming.

