



June 2025



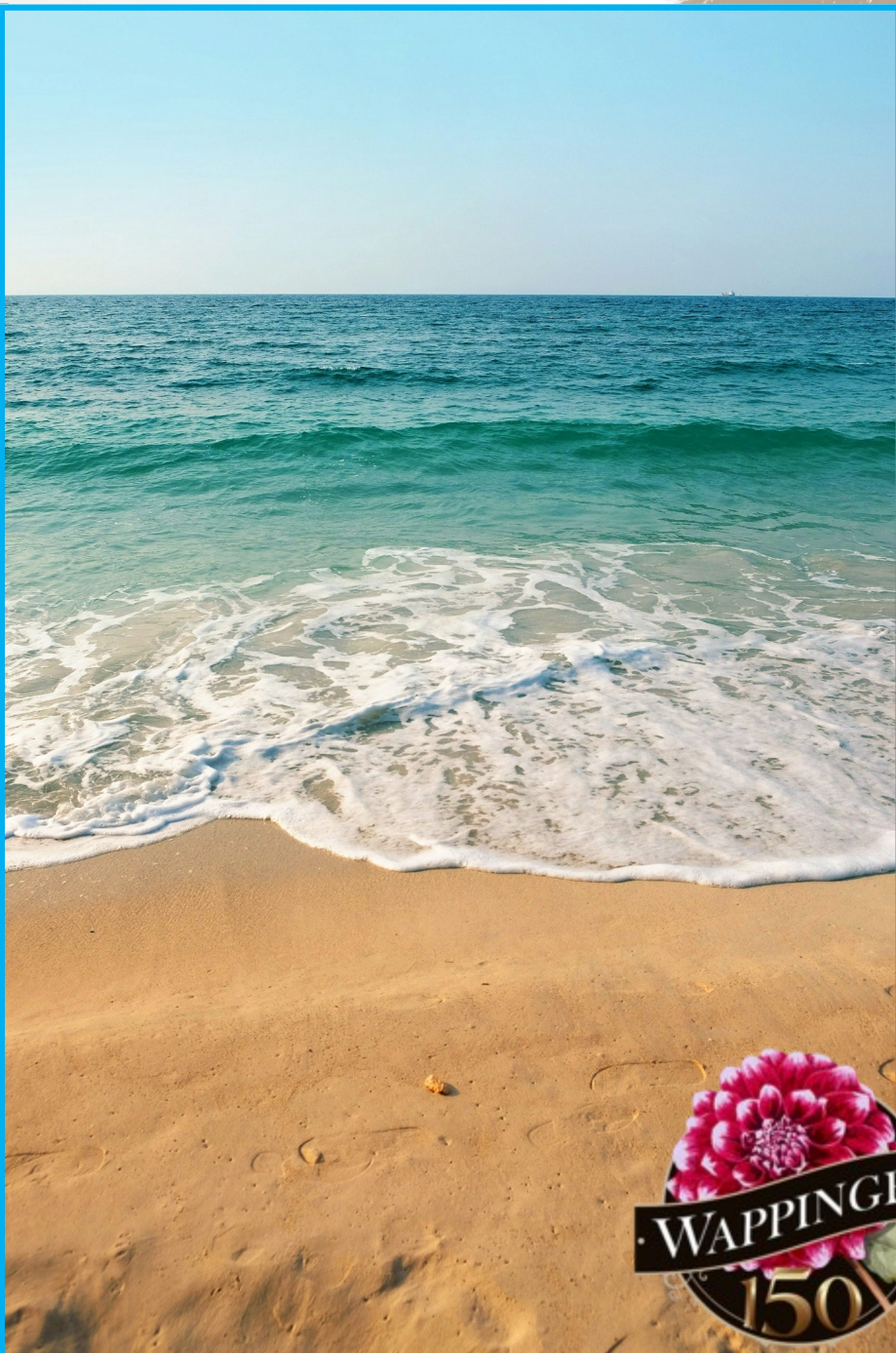
Town of Wappinger Senior Center



"We are rooted here"

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About Our Senior Center

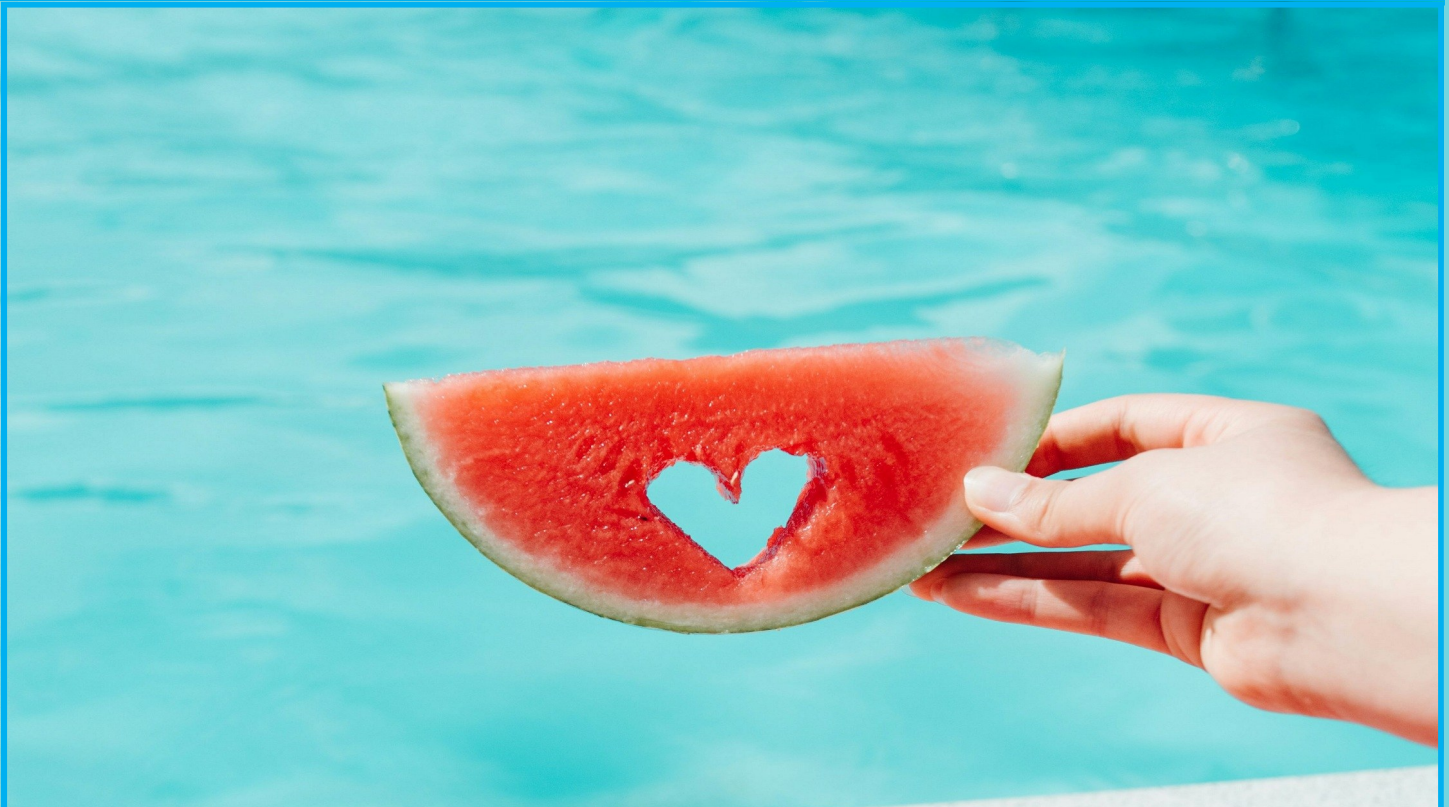


(845) 297-3670

www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjongg, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



Welcome New Members!

Neil Callahan, Juan Cocca, Silvia Cocca, Diana Cruickshank, Jane Harla, Mary Healy, Eli Gordon, Robert Sannasardo, Roseann Sannasardo, and Maryann Zaubi.

June

Mon

Tue

Wed

Thu

Fri

2 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	3 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	4 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno 2PM Walking Group - Dutchess Rail Trail	5 9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Beautiful Boy 2pm Rummikub 2pm Chair Volleyball	6 9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
9 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	10 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	11 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	12 9am Exercise 10am Chair Yoga 12pm Craft - Marbled Coasters 2pm Rummikub 2pm Chair Volleyball	13 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
16 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 11am Father's Day Lunch 12:30pm Bingo	17 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	18 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	19 9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	20 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
23 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	24 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	25 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno 2pm Walking Group - Location Village (Mesier Park)	26 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	27 9:30am Book Club - The Sun Does Shine by Anthony Ray Hinton 9:30am Mahjongg 10am Pinocle 11am Financial Planning with Northwestern Mutual Seminar 12:30pm Bingo
30 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo		Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs		

2025

July

Mon	Tue	Wed	Thu	Fri
	1 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	2 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	3 9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - A Bronx Tale 2pm Rummikub 2pm Chair Volleyball	4 Closed
7 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	8 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	10 9am Exercise 10am Chair Yoga 12pm Craft - Rose Petal Bath Bombs 2pm Rummikub 2pm Chair Volleyball	11 9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
14 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	15 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	16 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	17 9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	18 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
21 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	22 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	23 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno Office for the Aging Picnic	24 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	25 9:30am Book Club Rose Code by Kate Quinn 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
28 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	29 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	30 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno 2pm Walking Group - Schlathaus Park	31 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	Educational Seminar TBA



2025

WHAT'S HAPPENING AROUND THE CENTER?



- SENIOR LIVING EXPO!
- LUNCH AND A MOVIE - THE KING AND I
- MAY CRAFT - HOMEMADE PAPER
- MAY BIRTHDAY PARTY!
- MARUEEN NORCROSS' ART FEATURED AT CARNWATH
- SENIOR CENTER FLOAT IN OUR COMMUNITY DAY PARADE
- CONNIE SMITH HONORED WITH TRAILHEAD DEDICATION AND "CONNIE SMITH DAY"



AARP DEFENSIVE DRIVING CLASS

**Call Mary Long to enroll:
(845) 297-0186**

**For any licensed driver
6/6 & 7/11
Inquire in the senior center**



Town of Wappinger Parks and Recreation

June High Tea



**10AM - 12PM | SATURDAY, JUNE 28TH
CARNWATH FARMS - CHAPEL**

*Enjoy an elegant morning tea together with
complimentary petit fours, scones & tea.*

Dress in your best high tea outfits!

RSVP/MORE INFORMATION

CALL/TEXT 845-275-2478 OR
WAPPINGERRECREATION.COM



TOWN OF WAPPINGER
PARKS & RECREATION
PRESENTS

SUMMER CONCERT Series

AT SCHLATHAUS PARK

FOLLOW SUIT | JUNGLE LOVE | HILLBILLY PARADE | OSBORNE HILL BAND
SOUTHERN DUTCHESS CONCERT BAND | TIM HAUF | CREW BAND
CARRIE ZAZZBAND | & MORE

THURSDAY NIGHTS

**JUNE
19-21**

CONCERTS START AT 7PM

FREE ADMISSION

SPONSORED BY:

WWW.TOWNOFWAPPINGERNY.GOV





TOWN OF WAPPINGER SENIOR CENTER



PLEASE JOIN US FOR A

FATHER'S DAY *Lunch*

JUNE 16TH - 11AM

FOOD
BINGO
CELEBRATE

REGISTER IN THE
SENIOR CENTER





TOWN OF WAPPINGER
SENIOR CENTER

GARDEN Club

WE'RE LOOKING TO GROW OUR GARDEN CLUB!
THE CLUB IS A GROUP OF DEDICATED MEMBERS
TO HELP BEAUTIFY THE WAPPINGER TOWN HALL!
WITH ONLY ABOUT 3 HOURS PER MONTH DURING
THE "GROWING SEASON" IN SUPPORT OF
NEW/ESTABLISHED PLANTINGS, AND MOSTLY
WATERING. IN ADDITION, SUPPORT OF AN
ANNUAL "PRIMARY PROJECT" OF NO MORE THAN
5 HOURS! THE GARDEN CLUB WORKS TOGETHER
TO SPREAD POSITIVITY AND SHARE OUR COMMON
LOVE OF GARDENING!

FOR MORE INFO,
CALL KELLIE ANN
(845) 297-3670

Register online
www.wappingerrecreation.com

June's Birthday Babies

1 June Weldon
2 Donald Burns
5 Dorothy Groark
5 Pam Herbst
7 Betsy Tripaldi
8 Eleanor Coppola
8 Mary Angela Richard
9 Joan Nelson
16 June Dotolo
16 Lee Russo
17 Mary Ann Mikulsky
25 Jack Monachino
26 Hee Cho
28 Mike Tebolt

July's Birthday Babies

2 Frances DeVall
2 Dorothy Sommerfeldt
7 Constance Smith
8 Karen Bishop
8 Stephanie Parchinski
12 George Gumbel
16 Sara Dobbins
16 Theresa George
16 Henry Grodenchik
18 Marilynn Shultz
29 Carol Wilson
30 Irene Crowe
31 Ester Mabry

Cake! Pizza! Bingo!

Sign-up is required! Sign-up in
the senior center or online.

**June's Birthday
Celebration**
June 19th, 11:30am

**July's Birthday
Celebration**
July 17th, 11:30 am

 **The Pines
at Poughkeepsie**

Center for Nursing & Rehabilitation

Thank you to The Pines at
Poughkeepsie for
sponsoring our monthly
birthday party!

Get to Know Your Neighbor: Linda Rodriguez



When were you born? 1947.

Where were you born? Manhattan.

What is your ancestry? Italian American (4th Generation).

How many siblings do/did you have? 1 brother.

What high school/college did you attend? Cathedral H.S., Bellevue School of Nursing, and Mercy College.

Are you married? How long? Spouse/partner's name? Married 56 years—Tony.

Do you have any children? How many? Names? Grandchildren? How many? Names? 2 sons, Paul and Ronald. 3 grandsons, Jake, Luke, and Arron.

Do you have pets and if so, what? No.

What was your career? R.N. for 50 years, School R.N., Critical Care R.N., and Corporate R.N.

Were you in the military? What branch? What years? No.

What is your favorite food? Pasta and red sauce.

What is your favorite season? Spring, Summer, and Fall.

What is your favorite holiday? Christmas.

Favorite pastime/hobby? "Being left alone" and reading.

What countries have you visited? North America.

Do you prefer the seashore or mountains? Seashores.

Movies: do you prefer comedies, drama, science fiction? Comedies.

Anything else you want to share? I love Katie and Kellie Ann!

Handy Contacts

Wappinger Town Hall:

Assessor's Office: (845) 297-8275
Camo Pollution: (845) 463-7310
Building Department: (845) 297-6256
Dog Control Officer: (845) 297-1030
Fire Inspector: (845) 297-1373
Highway: (845) 297-9451
Justice Court: (845) 297-6070/7739
Zoning & Planning: (845) 297-6256,
Receiver of Taxes: (845) 297-4342
Recreation: (845) 297-0720
Senior Citizen Center: (845) 297-3670
Town Clerk: (845) 297-5771
Water & Sewer Billing: (845) 297-1850
Zoning Administrator: (845) 297-1373

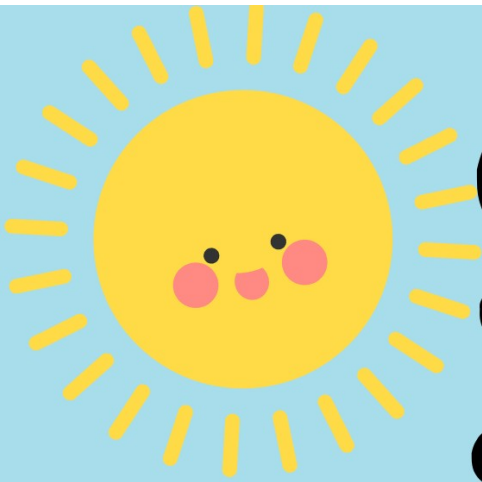
Town Board Members:

Supervisor: Joseph D. Cavaccini: (845) 297-2744
Ward 1: William Beale: (845) 764-0729
Ward 2: Angela Bettina: (845) 831-9633
Ward 3: Chris Phillips: (845) 372-9023
Ward 4: Al Casella: (845) 803-6359



Community Programs & Services:

Alzheimer's Association: (845) 471-2655	<u>Dial-A-Ride</u> : (845) 473-8424
American Cancer Society: (845) 452-2635	Dutchess Outreach, Inc.: (845) 454-3792
American Diabetes Association: 473-4520	Grinnell Library: (845) 297-3428
American Heart Association: (845) 485-4703	Hudson River Housing: (845) 454-5176
American Lung Association: (800) 586-4872	Meals On Wheels: (845) 452-2245
American Red Cross: (845) 471-0200	Mental Health America of DC, Inc.:
Cancer Services of DC: (845) 452-2932 x9717	(845) 473-2500
Community & Family Services: (845) 486-3701	<u>Office for the Aging</u> : (845) 486-2555
County Community Action Partnership,	Salvation Army, Poughkeepsie: (845) 471-1210
Inc.: (845) 452-5104	Dutchess County SPCA: (845) 452-7722
Office of Addiction Services and Support	United Way of Dutchess County:
(877)846-7369	(845) 471-1900



SUN SAFETY



STAY HYDRATED

Drink plenty of water.



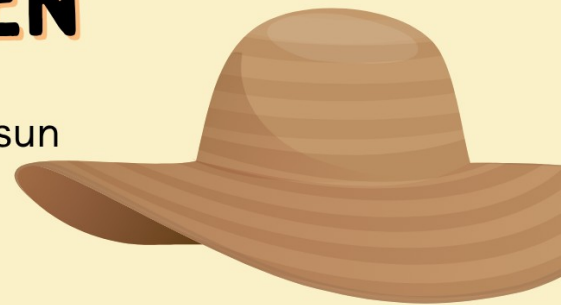
APPLY SUNSCREEN

SPF 30 or higher, 20 minutes before sun exposure. Reapply every 2 hours.



WEAR A HAT & SUNGLASSES

Broad-brimmed hats provide better protection.



SEEK SHADE

Reduce UV radiation by taking shelter under a tree, umbrella or another shady spot.

